

HOW CAN I CONTACT COMMUNITY OPTIONS ILLAWARRA INC.?



Website: www.coi.org.au

Wollongong

193 Church Street
PO Box 1433



WOLLONGONG NSW 2500

42263611

Shellharbour

10/75 Cygnet Avenue



SHELLHARBOUR NSW 2529

42977100

Nowra

90-92 North Street



PO Box 1507

NOWRA NSW 2541

44214234

Milton

Shop 6/65 Princes Hwy



PO Box 304

MILTON NSW 2538

44541701

Our office hours are:

Monday to Friday
8:30am to 4:30pm

VISION

Community Options-Quality Options

MISSION

Community Options Illawarra is committed to consistently providing high quality, flexible services to assist people who require support to remain at home. Priority is given to those who are disadvantaged or have special needs.



New South Wales
Government



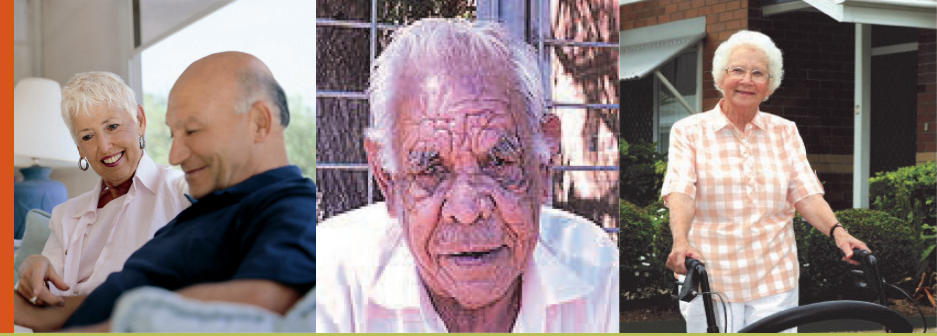
Department
of Ageing,
Disability &
Home Care

**SUPPORT
COORDINATION
FOR OLDER
PARENT
CARERS**



Community Options Illawarra Inc.
Community Options - Quality Options

SUPPORT COORDINATION FOR OLDER PARENT CARERS



The program provides individual Case Management and the opportunity for older parent carers to tailor the support they need. The service will help parents maintain their independence, access appropriate services and adjust to any changes in their own needs or the needs of the person with the disability.

Eligibility

Parents or grandparents over the age of 60 who are caring for an adult child or grandchild with a disability.

Aboriginal and Torres Strait Islander parents over the age of 45 who are caring for an adult child or grandchild with a disability.

Who can Refer?

Anyone can refer to Community Options Illawarra Inc. by contacting one of our offices directly.

Following referral a Case Manager will contact you to determine eligibility, and discuss your needs.

Availability

The program is available to anyone who meets the eligibility criteria. Priority will be given to carers who are not currently accessing any support services.

Types of Services Available

- ◆ Case Management
- ◆ Flexible support linked to the appropriate services
- ◆ Assistance with planning for the future
- ◆ Development of informal networks
- ◆ Opportunities to participate in social and community activities
- ◆ Link to counselling support
- ◆ Developing skills of daily living or social skills

Duty of Care

We have a duty to do everything reasonable and practicable to protect the safety of both clients and the staff.